JU JITSU EUROPEAN CHAMPIONSHIP

ALL AGE CATEGORIES

HERAKLION 2026

JU-JITSU EUROPEAN UNION
INTERNATIONAL JU-JITSU FEDERATION
JJEU

HELLENIC SPORTS FAN AMATEUR
ΕΦΕΟΖΖ
JU JITSU
1994
FEDERATION

5TH OUTLINES FOR THE EUROPEAN CHAMPIONSHIPS FOR U16, U18, U21, ADULTS, MASTERS AND TEAMS AND EUROPEAN CUP U14 MARCH 2026

14/03/2026 –21/03/2026

JU-JITSU EUROPEAN UNION (JJEU), **Address of the office:** Am Nepomukplatz

JU-JITSU EUROPEAN UNION (JJEU),
Am Nepomukplatz 4,
76661 Philippsburg, Germany

MASTER SUPPLIER
PREMIUM PARTNER JJEU

TABLE OF CONTENTS

1 JJEU and event Responsibilities 4
1.1 JJEU Responsible 4
1.2 Organising Federation 4
1.3 Head of Local Organising Team 4
1.4 Venue 4
1.5 Official hotel details. 5
2 Liability 5
3 Rules and draw 5
3.1 Draw 5
3.2 Appeal and Challenge 6
4 Right to participate and categories 6
5 Registration and Participation Fee 6
5.1 Registration: 6
5.2 Participation Fee 7
5.3 Participation Fee EUROPEAN TEAM CHAMPIONSHIP for JiuJitsu or Fighting national teams 7
6 Anti-doping Control 8
7 Competition Dressing and Personal Requirements & Advertising 8
8 Referees 9
8.1 Coaches 9
8.2 Medical personnel 9
8.3 Dress code 9
8.4 Flags and Anthems 10
8.5 Financial conditions 10
9 Visa 10
10 Media and TV 10
11 Preliminary Schedule of the Competition (provisional) 11
12 Accommodation and Travel Package 13

MASTER SUPPLIER
PREMIUM PARTNER JJEU
JU JITSU EUROPEAN CHAMPIONSHIP HERAKLION 2026

1 JJEU AND EVENT RESPONSIBILITIES

1.1 JJEU Responsible

- Rick Frowyn, JJEU General Secretary and Event Director, rick.frowyn@jjeu.eu
- Ralf Pfeifer, JJIF head referee JJEU General Referee Director

1.2 Organising Federation

Organising Federation:
Hellenic Ju Jitsu Federation

1.3 Head of Local Organising Team

For all information concerning the 5th Outlines for the European championships for u16, u18, u21, Adults, Masters and Teams and European CUP u14 March 2026, you may contact:
hjjfevents@gmail.com

- Maria Charitopoulou, HJJF President, 1st JJEU Vice President
- Vangelis Synolakis, HJJF General Secretary

1.4 Venue

Indoor Sports Hall “2 Aorakia” Heraklion Crete (Xeropotamos 713 03, Heraklion Greece)



MASTER SUPPLIER
PREMIUM PARTNER JJEU
JU JITSU EUROPEAN CHAMPIONSHIP HERAKLION 2026

1.5 Official hotel details.

Hotel & Transfer details will be announced in Outline 2

2 LIABILITY

The organisers of the event (or any of its officials or members) will not be liable or responsible for any personal injury.

Coaches and team leaders are responsible for ensuring that all participants are physically fit, prepared, and capable of coping with the tournament. We strongly recommend proper medical and accident insurance. Competitors compete at their own risk.

3 RULES AND DRAW

The following rules apply:

- JJIF competition rules (in their latest versions) and the Organization and Sporting code of JJIF Version (SC).[1]
- We appeal to all participants to respect the fair-play and JJIF book of ethics

3.1 Draw

The seeding and draw in block will be made on **the 14th of March 2026 at 19:00 hour at the main hotel**[2].

Immediately after the draw has been finalised, the categories will be made available online on the Sportdata Event Website. JJNOs have the right to request minor changes[3] in the following 60 minutes (from 19:05 to 20:05), in writing, to the organising committee.

Major changes[4] must be requested according to the following[5]:

- At an official international championship, **no redraw** is possible, except for unforeseen cases when the JJEU Board may decide on a redraw.
- A redraw can be requested max. 2 hours after the draw was published but, in any case, before the start of the competition, **in writing**, to the JJEU Sports Director.

1 https://jjif.sport/downloads/# (check for the 2025 or latest version of the sporting code)
2 SC §5.1. – Generalities
3 Wrong spelling of names, etc
4 Wrong category, etc.

3.2 Appeal and Challenge

Will be applied as defined in JJIF SC 3.0 Challenge and Appeal. The Appeal committee contains out of: Dana Mortelmans JJEU 3rd Vice president/acting sport director (Romania), Ralf Pfeifer, JJEU General Referee Director (Germany), Vangelis Synolakis, Local Organization (Greece). When an appeal is made by or against one of the federations (nations) which are assigned in the appeal committee the person will be replaced by either the General Secretary or the 2nd Vice President of JJEU.

4 RIGHT TO PARTICIPATE AND CATEGORIES

Based on the JJIF SC 3.0 Entries of Competitors:

Each JJNO may enter two (2) contestants in each category for this Europeans Youth Categories, in U14 maximum 4 participants per category per National Federation will be allowed. **Athletes must overhand by themselves at the control desks the passport or European ID card to proof their Nationality and date of birth (fighting, jiujitsu, duo and show athletes).**

The age following age categories will be allowed to participate in this event

Name	Description
Adults (+18)	Older than 18 years
U21 (+18-21)	18/19/20 years old
U18 (+16-18)	16/17 years old
U16 (+14-16)	14/15 years old
Masters 1	Between 35 and 39 years old
Masters 2	Between 40 and 44 years old
Masters 3	Between 45 and 49 years old
Masters 4	Older than 50 years
U14 (+12-15)	12/13 years old

The event will be administrative separated in 4 events, the Major event Adults & Masters, the U21 event, the U16 and U18 (if there is a change of rules as of January the 1st we will run U16 and U18 also separated) event and the European Cup U14.

Official JJIF Weight categories will be used (new categories as of 01-01-2024) All athletes MUST have the Nationality of the country they are registered and confirmed for. See JJIF sporting code (edition 01-04-2024) section 3.4 National Federations are responsible for the correct registration

5 REGISTRATION AND PARTICIPATION FEE

5.1 Registration:

Online up to the February the 15th of 2026 via the SportsID registration page:
https://www.sportdata.org/ju-jitsu/

MASTER SUPPLIER
PREMIUM PARTNER JJEU
JU JITSU EUROPEAN CHAMPIONSHIP HERAKLION 2026

5.2 Participation Fee

150 € per individual subscription for U16, U18, U21, Adults and Masters.

125 € per U14 subscription.

Late entry and late payment fees will be applied.

150 euro per participant/duo/show subscription for U16, U18, U21, Adults and Masters

Late entry and late payment fees will be applied.

- Change (of an injured) competitor until registration deadline: free
- Change (of an injured) competitor after registration deadline (in the same category): 10 euro
- Change of the category of an athlete: 10 euro.
- Late entry: 10 euro
- Registration of a press person: 50 euro
- Registration of official: 10 euro
- Additional entering of a competitor on site: 50 euro

125 euro per participant/duo/show subscription U14

Late entry and late payment fees will be applied.

- Change (of an injured) competitor until registration deadline: free
- Change (of an injured) competitor after registration deadline (in the same category): 10 euro
- Change of the category of an athlete: 10 euro.
- Late entry: 10 euro
- Registration of a press person: 50 euro
- Registration of official: 10 euro
- Additional entering of a competitor on site: 50 euro

5.3 Participation Fee EUROPEAN TEAM CHAMPIONSHIP for JiuJitsu or Fighting national teams

200 euro per TEAM (Max 2 TEAMS per Federation allowed and maximum 2 coaches per team)
TEAMS must be added in sportdata Adults event and confirmed not later than March 2026 the 17th before 17:00 Local time by email to rick.frowyn@jjeu.eu

FIGHTING and JIUJITSU can contain 2 athletes subscribed max per weight category.

The next weight categories will be applied:

- *Male -69, -85 and +85*
- *Female -52, -63 and +63*

A team can maximum consist of 12 athletes from U21, Adults and Masters (2 per category). The total amount of medals per team is maximal 12 pieces.

MASTER SUPPLIER
PREMIUM PARTNER JJEU
JU JITSU EUROPEAN CHAMPIONSHIP HERAKLION 2026

6 ANTI-DOPING CONTROL

All members should make their competitors aware that there could be doping control for several athletes. The WADA code for Doping Free sports will be applied. By entering the Championship, you accept the JJIF Anti-Doping regulations[6].

If you are participating in the Championship and are taking any medication or plan to take any medication, please check with your doctor whether your medicine contains any substances on WADA's 2025 Prohibited List. National Federations need to take care of a confirmation of the parents of the athletes that their kid can be controlled by the authorities.

(https://www.wada-ama.org/en/content/what-is-prohibited)

You will need a Therapeutic Use Exemption (TUE) if it does. JJEU automatically recognises all TUEs issued by National Anti-Doping Agency (NADAs), so please contact your NADA if you need a TUE and do not already have one.

If you have any difficulty applying for a TUE through your NADO or there is no NADO in your country, please contact the JJIF.

7 COMPETITION DRESSING AND PERSONAL REQUIREMENTS & ADVERTISING

The national federations purchase the back numbers for all JJEU events, at the following link, from Ju-Sports, the premium sponsor of the JJEU: https://www.sportundspiel99.de/ju-club/jjeu/

The JJNOs are responsible for ordering, buying and giving the back numbers to the athletes so that they can apply them to their Gi prior to the competition. The national federations must pay the back numbers for their athletes by themselves. Participating without an official back number is not allowed. NOT HAVING THE JJEU Back Number will cause in a direct penalty of 25,00 euro for each athlete/Gi without the official JJEU Back number, to be paid on spot in cash to the board of JJEU.

AS OF **01-01-2025** JJEU has new designed back patches. All athletes MUST have the new backpatches, these patches can be ordered via:

https://www.sportundspiel99.de/c99802203-JJEU_Back-numbers . It's not allowed to use old back patches or None. There are **NO** spare backnumbers available at the event.



[6] https://jjif.sport/anti-doping-rules

MASTER SUPPLIER
PREMIUM PARTNER JJEU
JU JITSU EUROPEAN CHAMPIONSHIP HERAKLION 2026

8 REFEREES

For this upcoming European Championship, JJEU and HJJF will be able to provide some compensation to the selected referees in terms of travel, accommodation and a day fee of € 100,00 per working day.

The JJEU Board and JJEU Event Director and the JJIF Head referee are entrusted with the task to select the qualified referees for the event for each discipline at this event.

Referees should attend the briefing meeting on Friday afternoon the 13th. Referee MUST attend the whole competition at the event; early leaving is NOT possible.

Neither the organizing committee nor the JJEU will be responsible for not respecting this obligation. However, if there won't be enough referees for the competition to take place in good conditions, JJEU Referee Committee may decide to complement the pool of referees with national referees of the organizing federation. For the referees there is an own Sportdata page created, referees must insert themselves and should not be done by the federations.

8.1 Coaches

All official coaches should receive their accreditation cards during accreditation. Teams without an official coach will participate without coaching (no athlete or other officials will be allowed to enter the field of play unless they register as coaches).

8.2 Medical personnel

JJNO'S may have its medical personnel. To receive an accreditation card as medical personnel the attendance at the medical meeting is mandatory, also the medical personnel need to be registered in Sportdata as medical personnel.

8.3 Dress code

Coaches and medical personnel coming on the FOP must wear official team dresses[7] , shorts, flip-flops, hats are not allowed.

According to GAISF guidelines, every competitor who has won a medal has to attend the ceremony to receive their trophy in person.

During all the finals all the coaches MUST wear formal business clothes. Not wearing will cause that the coach will send away.

ATHLETES are not allowed to make breakfast in their GI. Due to hygienical purpose this is absolute not allowed.

[7] SC Dressing for coaches and other officials

MASTER SUPPLIER
PREMIUM PARTNER JJEU
JU JITSU EUROPEAN CHAMPIONSHIP HERAKLION 2026

8.4 Flags and Anthems

The head of each delegation, or designated responsible of each national federation, must check the flag and the national anthem during the accreditation process.

8.5 Financial conditions

The organisation of the travel to Greece and Travel expenses are the responsibility of the participating countries.

Each federation must pay the cost of the accommodation (if they book the proposed opportunities by the Hellenic Ju Jitsu Federation) and the participation to local the organiser.

Payment must be done by bank transfer until February 20th, 2026, or take pre-approval that you will pay cash at the official registration and accreditation (a admin fee of 2% will be charged due to extra bank costs which needs to be made by cash payments).

No registration refund for participants not attending the Championship will be made.

Hellenic Ju Jitsu Federation

OWNER	GREEK SPORTS FAN AMATEUR JU JITSU FEDERATION
BANK	ALPHA BANK
BRANCH	PASALIMANI PIRAEUS
ACCOUNT	147-00-200-200-5593
BENEFICIARY	CRBAGRAA
CURRENCY	EURO
IBAN:	GR6601401470147002002005593

Payment Description:
"Registration Fee **(Country name)** European Championships 2026"
Transfer/payment receipt must be shown at accreditation.

Please note that the JJNOs must fulfil all financial obligations before accreditation.

9 VISA

The Organizer is happy to help any country with obtaining a visa letter for athletes and officials. For nations, who need VISA to enter in Greece, please send the Organizer as soon as possible (latest February the 1st 2026) a list of participants with full names, passport numbers, date of birth and positions. (Add Passport Picture, please)

Complete visa applications should be sent to: hjjfevents@gmail.com

All enquiries and queries and booking: hjjfevents@gmail.com

10 MEDIA AND TV

The competition will be broadcast on the usual channels. You will receive information about this in the coming updated outlines.

MASTER SUPPLIER
PREMIUM PARTNER JJEU
JU JITSU EUROPEAN CHAMPIONSHIP HERAKLION 2026

11 PRELIMINARY SCHEDULE OF THE COMPETITION (PROVISIONAL)

DATE	TIME	• U16 Boys & Girls: all weight categories
Thursday march the 12th 2026	All day	Arrival of delegates
DATE	TIME	**EVENT ADMINSTRATION AND MEETINGS**
Friday March 13th 2026	10:00 - 13:00	JJEU General Assembly (HQ Hotel) (register via SPORTDATA)
	13:00 - 16:00	Registration and Accreditation add the official hotel
	17:00 – 18:30	Referee meeting add the official hotel
	18:30 – 19:00	Coach and representatives meeting add the official hotel
	19:00 - 20:30	Antidoping seminar for coaches & athlete's add the official Hotel
	19:00	Draw for the event via SPORTSDATA (online)
	17:30 - 19:00	Weigh in for Saturday at the hotel
DATE	**TIME**	**EVENT EUROPEANS U21**
Saturday March the 14nd 2026	09:00	U21 Fighting Male -56, -62, -94, +94
		U21 JiuJitsu Male -69, -77, -85
		U21 Fighting Female -57, -63, -70, +70
		U21 JiuJitsu Female -45, -48, -52
		U21 DUO men, women
		U21 SHOW men, women
	17:30 - 19:00	Weigh in for Sunday at the Venue
DATE	**TIME**	**EVENT EUROPEANS U21**
Sunday March the 15th 2026	:	U21 Fighting Male -69, -77, -85
		U21 JiuJitsu Male -56, -62, -94, +94
		U21 Fighting Female -45, -48, -52
		U21 JiuJitsu Female -57, -63, -70, +70
		U21 DUO mixed
		U21 SHOW mixed
	17:30 - 19:00	Weigh in for Monday at the Venue
DATE	**TIME**	**EVENT ADULTS**
Monday March the 16th 2026	09:00	ADULTS JiuJitsu Male -69, -77, -85
		ADULTS Fighting Male -56, -62, -94, +94
		ADULTS JiuJitsu Female -45, -48, -52
		ADULTS Fighting Female -57, -63, -70, +70
		ADULTS DUO Men, Women
		ADULTS SHOW Men, Women
	17:30 - 19:00	Weigh in for Tuesday at the Venue
DATE	**TIME**	**EVENT ADULTS**
Tuesday March the 17th 2026	09:00	ADULTS Fighting Male -69, -77, -85
		ADULTS JiuJitsu Male -56, -62, -94, +94
		ADULTS JiuJitsu Female -57, -63, -70, +70
		ADULTS Fighting Female -45, -48, -52
		ADULTS DUO MIX
		ADULTS OPEN DUO
		ADUTLS SHOW OPEN

MASTER SUPPLIER
PREMIUM PARTNER JJEU
JU JITSU EUROPEAN CHAMPIONSHIP HERAKLION 2026

		ADUTLS SHOW MIX
	17:30 - 19:00	Weigh in for Wednesday at the Venue
DATE	**TIME**	**EVENT MASTERS / PARA / INCLUSIVE SELF DEFENCE / TEAMS**
Wednesday March 18th 2026	09:00	MASTERS DUO/SHOW ALL CATEGORIES
		MASTERS ALL JIUJITSU
		MASTERS ALL FIGHTING
		PARA JIUJITSU ALL categories
		INCLUSIVE SELF DEFENCE ALL categories
		NATIONAL TEAM JIUJITSU M-69,-85,+85 F-52, -63, +63
		NATIONAL TEAM FIGHTING M-69,-85,+85 F-52, -63, +63
	17:30 - 19:00	Weigh in for Thursday at the Venue
DATE	**TIME**	**EVENT U16 & U18**
Thursday March 19th 2026	09:00	FICHTING U16 Boys: all weight categories
		FIGHTING U16 Girls: all weight categories
		JIUJITSU U18 Men & Women: all weight categories
		DUO U16: Mixed
		DUO U18: Men & Women
		SHOW U16: Boys & Girls
		SHOW U18: Mixed
	17:30 - 19:00	Weigh in for Friday at the Venue
DATE	**TIME**	**EVENT U16 & U18**
Friday March 20th 2026	09:00	FIGHTING U18 Men: all weight categories
		FIGHTING U18 Women: all weight categories
		JIUJITSU U16 Boys & Girls: all weight categories
		DUO U16: Boys & Girls
		DUO U18: Mixed
		SHOW U16: Mixed
		SHOW U18: Men & Women
	17:30 - 19:00	Weigh in for Saturday at the Venue
DATE	**TIME**	**EVENT EUROPA CUP U14**
Saturday March 21ste 2026	09:00	FIGHTING U14 all Boys and Girls: all weight categories
		JIUJITSU U14 all Boys and Girls: all weight categories
		SHOW U14 BOYS/GIRLS/MIX
		DUO U14 BOYS/GIRLS/MIX
DATE	**TIME**	**EVENT ADMINSTRATION AND MEETINGS**
Sunday, March 22nd 2026	All day	Departure of delegates

MASTER SUPPLIER
PREMIUM PARTNER JJEU
JU JITSU EUROPEAN CHAMPIONSHIP HERAKLION 2026

The official hotel details can be found in the appendix Hotel Travel Package.

12 ACCOMMODATION AND TRAVEL PACKAGE

Organizer will provide options for official accommodation. Details of the travel package can be downloaded at the event pages at Sportdata of these events. Not using the hotel package offer will cause a penalty fee of **€ 100,00** per accredited person, and ONLY those who use the offered PACKAGE can use BUS transportation to Venue, hotel resort and use breakfast and dinner. LOC will be sure that only package buyers can use the facilities.

Strict control will be made for bus usage and other facilities. Hotel must be booked before February the 10th. Strict control will be made for bus usage and other facilities. Hotel and travel package can be found in the sportdata.org website of the event page. The hotel, bus transport and food offers made by the LOC are not under the responsibility of JJEU. The Penalty fee for not using the Official offered hotel are fully managed by the LOC.

We strongly suggest all to download and check the 2024 (2026) sporting code of JJIF at: https://jjif.sport/downloads/

Every coach/trainer/national delegate must have knowledge about the Sporting Code.

MASTER SUPPLIER
PREMIUM PARTNER JJEU
JU JITSU EUROPEAN CHAMPIONSHIP HERAKLION 2026